

Being Me in My World (Autumn 1)

- Hopes and fears for the year.
- Rights and responsibilities
- Rewards and consequences
- Safe and fair learning environment
- Valuing contributions
- Choices
- Recognising feelings

Celebrating Difference (Autumn 2)

- Assumptions and stereotypes about gender
- Understanding bullying
- Standing up for self and others
- Making new friends
- Gender diversity
- Celebrating differences and remaining friends

Dreams and Goals (Spring 1)

- Achieving realistic goals
- Perseverance
- Learning strengths
- Learning with others
- Group cooperation
- Contributing to and sharing success

Changing Me (Summer 2)

- Life cycles in nature
- Growing from young to old
- Increasing independence
- Differences in female and male bodies
- Assertiveness
- Preparing for transition

Year 2

PSHE/RSE

Relationships (Summer 1)

- Different types of family
- Physical contact boundaries
- Friendship and conflict
- Secrets
- Trust and appreciation
- Expressing appreciation for special relationships

Healthy Me (Summer 2)

